

Patients Narrative Matters: The Role of Talk Therapy in Cancer



Cancer Supportive Care Program

When patients come into a therapy room, they are curious about other patient's experience- how other patients deal with the unexpected change overload, tolerate the distress of uncertainty while questioning the usefulness of talk therapy when it does not change the reality of having cancer. The lecture will demystify what happens behind the closed door. It will examine the psychological impact and the emotional changes of moving through various stages of cancer. It will also explore how patients have created a successful blueprint to integrate management of cancer while finding a way to continue on with their lives. Guidance will be provided in identifying therapy resources and how to find a point of entry for accessing therapy support. **Registration required.**

Date:	April 21, 2020
Time:	6:30 pm – 8:00 pm
Location:	Cambrian Branch Library 1780 Hillsdale Ave. San Jose, CA
Presenter:	Linda Suk, Licensed Clinical Social Worker, Behavioral Health Clinician
Call to register:	699-233-2807
Website:	www.stanfordhealthcare.org/cancersupportivecare

The Stanford Supportive Care Program provides free classes, workshops, fitness classes, services, and support to all cancer patients regardless of where they receive their care.

