DISCOVERY

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Meet the Expert

Blurb:

The Office of Research, Patient Care Services is happy to welcome Dr. Nancy Dudley, Ph.D., RN. She is the inaugural Nursing Postdoctoral Fellow with the Department of Medicine – Division of Primary Care & Population Health. Read more about Dr. Dudley here.

Web Article:

My name is Nancy Dudley. I'm the inaugural postdoctoral fellow in nursing research in the Department of Medicine - Division of Primary Care & Population Health - Palliative Care Section with a joint appointment at Stanford Health Care. This fellowship was made possible by a generous grant from the Stanford Nurse Alumnae and support of the Stanford School of Medicine. My postdoctoral work will focus on palliative care in ambulatory care settings at Stanford Health Care, Stanford Children's Health and Stanford School of Medicine.

My clinical background is extensive. I worked in ICU, surgical services and ambulatory care, and as a manager developing and implementing programs for older adults with serious illness from

hospital to ambulatory care and community settings, including long-term care. I received a Bachelor of Science in Nursing from the University of San Francisco, Master's in Nursing Administration and Gerontology, and a PhD in Health Policy from the University of California, San Francisco. My dissertation research was mixed methods (quantitative and qualitative) that focused on nationally identifying older adults with serious illness and multimorbidity in primary care and subspecialty settings to benefit from palliative care, and developing a conceptual model of the process of collaboration among primary care and palliative care interdisciplinary teams to deliver palliative care in ambulatory care.   Another focus of my research is to study the palliative care workforce to inform the development of community-based palliative care.

My dissertation research was funded by the National Hartford Center for Gerontological Nursing Excellence and the MayDay Fund. In addition, I completed a post-doctoral fellowship at UCSF Geriatrics/Palliative Care in the Veteran's Administration Quality Scholar Program where I led and completed five projects that focused on developing care systems for complex patients who could benefit from palliative care services. The results of these projects were presented at the International Association for Geriatrics and Gerontology Conference in 2018, American Academy of Hospice and Palliative Medicine/Hospice and Palliative Nurses Association Annual Assembly (2017,2018), and at the American Geriatric Society Annual Assembly (2018). I also completed a yearlong UCSF implementation science certificate program in the School of Medicine.

I chose to come to Stanford because this fellowship focuses on establishing a program of research in palliative care, integrating significant research findings into clinical practice, securing funding through grants, and building on the fellowship experience to achieve a sustainable career pathway as a leader in nursing scholarship, innovation, and practice. Nurses have unique leadership skills and an excellent understanding of how the complex health care system operates to deliver quality, continuous, coordinated care across settings to meet the needs of seriously ill older adults and their families. I will leverage the knowledge from the Stanford Schools of Medicine, Business, Engineering, and Education to promote innovation and new technologies to gain access to quality, efficient care that can improve the quality of life for our patients and their families.

Article By: Nancy Dudley

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Spotlight

Blurb:
Stanford Health Care and Stanford Children's Health in collaboration with Bay Area Magnet Convening are happy to announce the dates for the annual Healthcare Con. Each year Healthcare Con brings together transdisciplinary healthcare professionals to inspire, teach, and showcase work from around the world. To learn more, click here.

Web Article:
Join us at Stanford for the 2019 Healthcare Con. This year's conference brings together interdisciplinary healthcare professionals to inspire, teach, and showcase novel approaches to transforming the future of healthcare. Reserve June 27-28th, 2019 for this two-day event to be held at the Arrillaga Alumni Center on the grounds of Stanford University. The 2019 HEALTHCARE CON is presented by Stanford Healthcare & Stanford Children's Health In collaboration with the Bay Area Magnet Convening (BAMC). Showcase your work, connect with professionals across the nation, and look out for the call for abstracts coming soon.

Inquiries can be made to: healthcarecon@stanfordhealthcare.org

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Education

Blurb:
Stanford Healthcare is an Affiliate group of JBI, joining over 70 other organizations around the world, contributing to this mission through the conduct of systematic reviews and translation of research into practice at the bedside. To learn more about Stanford Healthcare and its recent appointment click here.

Web Article:
The Joanna Briggs Institute (JBI) is the international, not-for-profit research and development center associated with the Faculty of Health Sciences at the University of Adelaide, in South Australia. The Institute was established in 1996 to improve the health status of the global population by facilitating the translation, transfer, and utilization of evidence-based nursing practice. Stanford Healthcare was recently appointed as an Affiliate group of JBI, joining over 70 other organizations around the world, contributing to this mission through the conduct of systematic reviews and translation of research into practice at the bedside.

A systematic review aims to uncover "all" of the evidence relevant to a clinical question. This body of literature is then evaluated for its merit and contribution to practice, resulting in a comprehensive and unbiased synthesis and summary of the existing information. There are many types of systematic reviews including umbrella reviews that synthesize existing systematic reviews and meta-analyses; scoping reviews which seek to identify the nature and extent of existing evidence related to an identified area of interest; and both qualitative and quantitative reviews that examine topics such as prevalence and incidence, policy, healthcare costs and diagnostic test accuracy among others.

The primary goal of the Stanford Center for Translational Nursing Science is to improve clinical effectiveness and patient outcomes. The Stanford Affiliate will support a culture of inquiry by providing a forum for nurses to question current practice and identify gaps in meeting patient needs; resources to generate and synthesize evidence to address identified gaps; a platform for disseminating evidence throughout the organization and support for more global knowledge sharing; and by aligning evidence and clinical practice at the bedside.

Over the next 2 years the core group, led by Barbara Mayer, PhD, RN, Director of Professional Practice and Clinical Improvement and including Mary Lough, PhD, RN, CNS; Karla Schroeder, DNP, RN; Patrice Duhon, MSN, RN; Ann Mitchell, MSN, RN, CNS; and Stacy Serber, PhD, RN, CNS, will establish the Affiliate structure here at Stanford and complete our initial systematic reviews. Our long-term goal is to

become a full Center of Excellence within JBI and to continue supporting evidence-based nursing practice.

Core Group members have established an agenda for initial reviews and will be seeking clinical partners to assist in the review process. If you are interested in participating, please contact Dr. Mayer at bmayer@stanfordhealthcare.org or 650-497-6737.

Article By: Barbara Mayer

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Research

Blurb:
Dr. Yefimova is a part of the multi-million-dollar Center of Excellence for Veteran and Caregiver Research, funded by the U.S. Department of Veterans Affairs (VA) in September 2018. She is one of three nurses among nationally recognized, interdisciplinary investigators from four collaborating VA sites: South Texas, Miami, Salt Lake City, and Palo Alto. To learn more about this project click here.

Web Article:

Stanford Nurse Scientist is part of the first National Center of Excellence for Veteran and Caregiver Research

As patients prefer to remain at home and in the community, healthcare providers realize the critical role caregivers play in avoiding expensive trips to the hospital or a dreaded nursing home stay. But what are the best, data-driven, and integrated approaches to help caregivers, as they navigate complexities of the healthcare system with their sick loved ones? This is the question that Maria Yefimova, PhD RN, a nurse scientist with Stanford Health Care and a health services researcher at VA Palo Alto Health Care System, is aiming to answer through research.

Dr. Yefimova is a part of the multi-million-dollar Center of Excellence for Veteran and Caregiver Research, funded by the U.S. Department of Veterans Affairs (VA) in September 2018. She is one of three nurses among nationally recognized, interdisciplinary investigators from four collaborating VA sites: South Texas, Miami, Salt Lake City, and Palo Alto. Given her background in geriatric community-based nursing and health services research, Dr. Yefimova will contribute to the Center's mission of innovation to support the nation's 5.5 million military and Veteran caregivers.

The Center of Excellence for Veteran and Caregiver Research will foster collaboration across the country and between government, private and non-profit sectors to disseminate findings with the greatest possible impact. Dr. Yefimova and others will develop patient and caregiver-centered metrics for evaluation of various programs; use data science to best match services to patient and caregiver needs; and apply implementation science to improve the dissemination of best practices in home- and community-based care. The resulting work will not only inform care delivery at the VA but also empower healthcare systems outside the VA, such as Stanford Health Care, in making informed choices regarding best care for patients and their caregivers.

Article By: Maria Yefimova