

Food Security

Key Community Health Needs Assessment Findings:

- Trade-off between paying for housing, food, transportation, child care, medical care, etc.)
- Limited access to healthy foods

Goal	
Reduce food insecurity and increase healthy food access for low-income community members	
Strategies	Anticipated Impact
Expand access to food security programs specifically addressing health care-related food access (e.g., food pharmacy, medically tailored meals, Meals on Wheels, health policy advocacy). ⁸⁹	<ul style="list-style-type: none"> • Improved access to healthy food for low-income individuals across San Mateo and Santa Clara counties • Improved associated health outcomes
Increase screening efforts for social determinants of health (e.g., food security). ^{65, 68, 90, 91, 92, 93, 94}	<ul style="list-style-type: none"> • Identification of greater proportion of food-insecure individuals in San Mateo and Santa Clara counties • Improved access to healthy food for low-income individuals across San Mateo and Santa Clara counties • Reduced proportion of individuals who are food insecure
Expand capacity of existing food access programs and/or support new programs to increase access to nutrient-dense foods. ^{95, 96, 97, 98, 99, 100, 101, 102, 103, 104}	<ul style="list-style-type: none"> • Improved access to healthy food for low-income individuals across San Mateo and Santa Clara counties • Increased proportion of low-income individuals in San Mateo and Santa Clara counties who eat three meals per day • Reduced proportion of individuals in San Mateo and Santa Clara counties experiencing poor health outcomes that are a result of food insecurity • Reduced proportion of individuals who are food insecure • Reduced diabetes/obesity rates

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